



MARIEKE STEEN

Motivational Speaker & Women's Coach

Marieke Steen M.I.B, FNTP, MRWP is a Functional Nutritionist based in Brussels, Belgium.

She is a highly-rated motivational speaker with 4+ years of experience as a women's coach and group facilitator. She weaves together her personal health journey with her training in the brain, nutrition, and hormones to bring solution-based training into organizations for business, communications and team building results such as increasing productivity & motivation and improving organizational cultures. Marieke has done extensive training in the areas of mental health, brain function and hormone balance. She works with clients all over the world via Zoom, and offers group programs for hormone health. Marieke works with individuals, groups, and organizations.

signature topics

- ✓ How to Manage Hormone Transition
- ✓ How to Live in Sync with Your Cycle for Optimal Energy
- ✓ Mental Health & Motivation Solutions linked to Hormone Imbalance
- ✓ Hack your Performance with Nutrition & Lifestyle - Keep your Brain Healthy & Fit

Let's Work Together!

Please feel free to contact me for any concerns or questions.

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as seen in

Aspria

The Brain Lady

Hormonally
Speaking

WEE
Entrepreneurs

Hormone Summit
2021



Collaboration packages

Package A: 500€

- Professional Keynote Speaking (60-90 minutes)

Package B: 1.000€

- Half-Day Seminar
- Professional Keynote Speaking

Client Feedback

"We had the pleasure of organizing an event together with Marieke Steen, and it was an exceptional experience. Marieke is an amazing professional nutritionist with a wealth of knowledge in her field. Her expertise and dedication were evident throughout our collaborative workshop. She played a crucial role in making the event not only informative but also engaging and well-organized. I highly recommend Marieke Steen for anyone seeking top-notch nutrition expertise and a fantastic collaborative experience."

Anda Burcea, Alchimie Spa

Contact Details

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